

JUMBO TOASTIES • TRAMEZZINIS • WRAPS

Café
Menu

flavor
HOSPITALITY

Flavors famous homemade jumbo bread Toasties or Tramezzinis, stuffed with your choice of filling. Served with a garnish of chips.

JUMBO TOASTED **TRAMEZZINI**

Cheese 	R55	R65
Cheese & Tomato 	R60	R69
Bacon & 2x Eggs	R79	R89
Chicken Mayo	R69	R79
Ham, Cheese & Tomato	R69	R89
Mince & Cheese	R79	R95
Chicken Mayo & Bacon	R85	R95
Chicken Mayo & Pineapple ..	R79	R85
Bacon & Cheese	R69	R85
Bacon, Egg & Cheese	R89	R99
Bacon, Feta & Avo	R89	R99
Spinach, Feta & Olive 	R85	R95
Spinach, Feta & Mushroom 	R85	R95



Flavors fabulous shawarma wraps are served with your choice of cheese OR mushroom sauce and accompanied by a side salad.

Chicken Mayo	R85
Spinach, Feta & Olives 	R85
Spinach, Feta & Mushrooms 	R85
Savoury Mince & Cheese	R89
Falafel & Tahina 	R89
Bacon, Feta & Smashed Avo*	R95
Chicken, Feta & Smashed Avo*	R95
Grilled Chicken Strips	R95

with Honey & Mustard **OR** Tzatziki & Tahina

Halloumi Hero wrap  R95

Fried Halloumi with Sweet Chilli Sauce

*Avo is subject to seasonal availability

E&OE



Lemon
& Herb



Mild



Hot



Vegetarian



Favorite



Café

Menu

Flavors delicious burgers include 150g beef patty or chicken fillet and are served with chips.

Famous Beef Burger	R85	★
Cheese Burger	R95	
Bacon & Cheese Burger	R105	
Bacon, Cheese & Mushroom Burger ...	R110	
Jalapeno, Cheese & Onion Ring	R110	
<i>Beef Patty topped with Jalapenos, Cheese, and Crispy Onion Ring</i>		
The BIG Daddy Stacker Burger	R135	
<i>Double-Up Beef Patty, Bacon, Cheese topped with an Egg & Flavor's Secret Burger Sauce</i>		
Chicken Breast Burger	R85	
<i>Chicken Breast, Grilled with our Secret Herbs & Spices and topped with a Light Mayo Sauce</i>		
Chicken & Cheese Burger	R95	
Chicken, Bacon & Avo* Burger	R110	
<i>Flavor's 3-way Taste Sensation, a must have!</i>		
Halloumi Hero Burger 	R95	
<i>Fried Halloumi, Sweet Chilli, Avo*, Tomato, Lettuce, and Onion, served with Chips/Salad</i>		
Homemade Vegan Burger 	R85	
<i>Seasonal Veg, Panko Crumbed Patty</i>		



Choose from Flavor's selection of Finger Snacks **OR** Create your own platters.

Hand-Cut Chips	R45	Fried Calamari	
Onion Rings	R45	Rings	R75
Cheese Grillers	R65	Cocktail Ribs	R75
Chicken Strips	R65	Beef Strips	R75
BBQ Meat Balls	R65	Spring Rolls	R75
Crumbed		Halloumi	
Mushrooms	R65	Cheese	R75
Chicken Liver	R65		

BURGERS • FINGER SNACKES • PLATTERS

PREGOS BAGUETTES & SALADS

Delight in our delicious Prego's, nestled in a Baguette, served with chips for the perfect pairing!

Chicken Prego Baguette R99

Chicken Breast served in a Flavor Original Secret Mild

OR Hot Peri-Peri Prego Sauce

Beef Prego Baguette R99

Tender Beef Steak served in a Flavor Original Secret

Mild **OR** Hot Peri-Peri Prego Sauce

Hero Steak Baguette R105

Tender Rump Steak, combined with Fried Onions in a BBQ-Sauce



Greek Salad R85

Including Feta & Marinated Olives

Tuna & Avo* Salad R85

Chicken, Feta & Avo* Salad R99

Chicken, Bacon & Avo* Salad..... R99

Falafel, Avo* & Feta Salad R99

Drizzled with Tzatziki

Salmon & Crème Cheese Salad R165

Prawn & Avo* Ritz salad R165

Add Fried Haloumi R35

*Avo is subject to seasonal availability

Elevate your event with us!

**From birthdays to corporate conferences,
we tailor seamless experiences just for you.**

Book now for an unforgettable occasion!



+27 10 534 6662



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Signature Menu

Indulge in a tantalizing array of Mediterranean-inspired tapas and starters, each bursting with vibrant flavors and crafted to perfection.

TAPAS • STARTERS

- Crumbed Mushrooms**  R75 ★
Served with Sweet Chilli **OR** Honey Mustard Sauce
- Spring Roll Crunches (4)** R75
Select from Camembert & Fig, Bobotie, Chicken, Veg
- Chicken Livers**  R75 ★
Served in our delicious Mild **OR** Hot Peri-Peri Sauce together with a Slice of Ciabatta
- Calamari (Crumbed or Grilled)** R75
Calamari drizzled with our Flavor Creamy Garlic Butter served with Ciabatta
- Creamy Garlic Mussels** R85
Served in a Creamy Garlic, White Wine Sauce
- Mediterranean Chicken Strips** R75
Grilled Chicken Strips with Tzatziki, Tahini & Lemon with Ciabatta
- Greek the Great** R75
2 Tender Mini Chicken Kebabs, Pita Bread, Hummus & Tzatziki dip
- Snails Escargot** R105
Delightful Garlic Butter Snails together with Brown Bread Strips for dipping
- Tempura Prawns (4)** R105
Panko Crumbed Butterflied Prawns served with Sweet Chilli **OR** Tartar sauce

Signature Menu

Delight in the bold and smoky flavor of our flame-grilled delicacies, showcasing succulent chicken, steak, pork, and ribs, expertly cooked to tender, mouthwatering perfection.

	200g	300g
Rump	R145	R175
Fillet	R175	R225
Rump Steak & Egg	R165	R195

Basted with a Portuguese BBQ sauce

	Rump	Fillet
Trinchado	R155	R185

*200g of Rump / Fillet Strips in our famous Flavor Mild Peri-Peri **OR** Creamy Mushroom Sauce. Includes a Roll & Chips*

Rump Kebab (2)	R165
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Served with Chips & Salad

Chicken Kebab (2)	R120
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With Garlic Lemon Butter Sauce, served with Chips & Salad



Pork Bangers	R95
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Served with Mash and Gravy & a Side Salad

Eisbein Cutlet	R125
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350g Smoked Eisbein with Crispy Crackles, served with Chips & Onion Rings

Pork Neck Steak	R120
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200g Pork Neck with Flavor's secret basting, served with Chips & Onion Rings

Battered Sweet 'n Sour Pork	R125
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*Served with Noodles & Stir Fry Veg **OR** Rice*

Sticky Hawaiian Pork Chops	R125
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2 x 120g Hawaiian Style Chops served with Chips & Onion Rings

	200g	400g	600g
Sticky Ribs	R140	R245	R350
Sticky Cocktail Riblets	R95	R175	

FLAME GRILLS PORK STICKY RIBS

Signature Menu

Embark on a culinary journey with our seafood selections, where the rich, natural flavors of the ocean take center stage in every delectable dish.

Traditional Fish & Chips R99

Grilled **OR** Fried, served with Tartar Sauce

ADD Beer Batter R25 Lemon Butter R25

Jumbo Beer Battered Fish & Chips R145 ★

Jumbo Grilled Fish & Chips R125

Fish Lemonato R125

A Mediterranean Drizzle of Creamy Garlic, Parsley & Lemon Butter with Rice & a Side Salad

Calamari R145

Fried **OR** Grilled Calamari with Garlic Lemon Butter served with Rice & a Side Salad

Hake & Calamari Combo R155 ★

Battered **OR** Grilled served with Chips & Tartar Sauce

Prawns (4) & Hake Combo R165

Prawns (3), Calamari & Muscles

Combo R165

Mussels in a Creamy White

Wine Sauce R125

Queen Prawns R195

6 x Queen Prawn served with ½ Chips & ½ Rice smothered in a Garlic Lemon Butter Sauce

ADD Peri-Peri R35

Seafood Platter for One R195

1 Hake, 2 Prawns, Calamari, Rice, Chips & Sauces

Seafood Platter for Two R345 ★

2 Hake, 4 Prawns, Calamari, Rice, Chips & Sauces

TOP UPS

Squid Heads R65

Medium Prawn (1) R25

Mussels R69



SEAFOOD



E&OE

Signature Menu

Experience an explosion of flavor with our exquisite chicken dishes, where each succulent bite is a testament to culinary mastery



CHICKEN



Chicken Breast Grilled R95

With a Lemon & Herb **OR** Mild Peri-Peri Sauce served with Chips & Onion Rings **OR** a Side Salad

Chicken Schnitzel R110 ★

With our famous Flavor Cheese **OR** Mushroom Sauce & served with Chips & Onions Rings **OR** a Side Salad

Schnitzza

Flavors Signature Chicken Schnitzel Pizza served with Chips & Onion Rings

Regina Ham and Mushroom R120

Hawaiian Mozzarella, Ham & Pineapple .. R120

Caribbean Bacon & Banana R120

Greca Spinach & Feta R120

Jalavo Jalepeno, avo, tomato R120

Chicken Cordon Bleu R120

Chicken Cutlet, stuffed with Ham and Cheddarella, covered in a Panko Crust and topped with Cheese **OR** Mushroom Sauce

Chicken Liver R105

Trinchado Chicken R115

Chicken Strips in a Flavor Mild Peri-Peri **OR** Creamy Mushroom Sauce served with a Roll & Chips

Chicken Lemonato R125

A Mediterranean drizzle of Creamy Garlic, Parsley & Lemon smothered delight.

Flavors Popular Portuguese Chicken

In Lemon & Herb, Mild, **OR** Hot Peri-Peri served with Salad, and Chips   

Half Portion R125

Full Portion R220 ★



Signature Menu

Indulge in a symphony of flavors with our artfully crafted pasta dishes, where each mouthful is a celebration of Italian culinary expertise.

Select from Spaghetti, Penne OR Fettuccini

Penne 3-way Mac & Cheese  R85

3-Cheese Sauce covers this delicious Penne Dish

Creamy Mushroom & White Wine  .. R105

Sauteed in a delectable Herb Cream Mushroom Sauce

Bolognese R120

Beef Mince in Flavor's popular Bolognese Sauce

Alfredo R120

Ham & Mushroom, sauteed in a delectable Herb Cream Sauce

Chicken Pesto R135

Tender Chicken Fillet & Cream of Pesto Sauce

Chicken Liver R120

Delicious Creamy Chicken Livers and sauteed Onions on Penne in Flavor's Creamy Mild **OR** Hot Sauce

Kleon's Creamy Chicken

Trinchado Pasta R120 ★

Creamy Chicken in a Mild **OR** Hot Peri-Peri sauce

Mediterranean Spinach & Chickpea  R115

includes Tomatos & Herbs, drizzles with Olive Oil

Spinach, Feta & Mushroom Pasta R125

Fine cut, sauteed Spinach, Feta & Mushrooms

Creamy Spinach, Bacon & Feta R135

Fine cut, sauteed Spinach, Feta & Olives

Creamy Prawn Pasta R165

Delicious creamy sauce with 6 tasty Prawns

Chilli Prawn Pasta R195

8 Prawns Pan-fried with Herbs & Spices, tossed in a Light Olive Oil

Cream of Fillet Steak & Mushroom R195 ★

Delicate Strips of Beef Fillet in a White Wine Creamy Mushroom Sauce



PASTAS

E&OE

Signature Menu

Experience an explosion of flavor with our artisanal pizzas, where every slice is a perfect marriage of fresh, premium ingredients, delivering a symphony of tastes in every bite.

PIZZAS SIDES SAUCES

	23cm	30cm
Margherita 	R75	R95
<i>Cheese & Tomato</i>		
Regina	R85	R115
<i>Ham & Mushroom</i>		
Hawaiian	R85	R115
<i>Ham & Pineapple</i>		
Caribbean	R95	R120
<i>Bacon & Banana</i>		
De Pollo	R85	R115 
<i>Chicken & Mushroom</i>		
Mexicana 	R95	R125
<i>Mince & Peppers</i>		
Greca 	R95	R125
<i>Spinach, Feta & Olives</i>		
Chicken, Feta & Guacamole ...	R115	R145
Bacon, Feta & Guacamole	R115	R145

Side Green Salad R25

Veg of the Day R35

Ask your waiter for more details

Swap Sides for Salad / Veg of the day .. R20

Sauces R35

Cheese Sauce

Peri-Peri Sauce

Lemon Butter

Pepper Sauce

BBQ Sauce

Garlic Lemon Butter

Monkey Gland

Honey & Mustard

Creamy Mushroom



Signature Menu

Savor the rich and aromatic flavors of our signature curry, a harmonious blend of spices and succulent ingredients, offering a tantalizing taste of culinary satisfaction.

Thai Chicken Curry R145

Light Chilli and Thai herbs with Coconut Milk

Butter Chicken Curry R125

Traditional Indian Spices in a Yoghurt & Butter Sauce

Prawn Curry R175

Traditional Indian Spices and Herbs together with Tomato in a Creamy Curry Sauce



Transform your special occasion into an unforgettable moment! From birthdays to anniversaries, and corporate conferences to special events, our expert team is dedicated to creating seamless experiences tailored just for you. Book with us today and let us elevate your event to new heights!



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CURRIES

